

* American Heart Month * African-American History Month *
 * National Cherry Month * National Hot Breakfast Month *
 * Bake for Family Fun Month * North Carolina Sweet Potato Month *
 * Florida Strawberry Month *

February 2006



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Women's Heart Week (2/1 - 2/7) Solo Diners Eat Out Week (2/1 - 2/7)						
			1 Women's Heart Health Day Hula in the Coola Day	2 Ground Hog Day	3 Wear Red Day	4
International Coaching Week (2/5 - 2/11) National School Counseling Week (2/6 - 2/10)						
5	6 Midwinter's Day Pay A Compliment Day	7 Wave All Your Fingers at Your Neighbors Day	8	9 Challenge students to create a heart healthy lunch menu!	10	11
12 Abraham Lincoln's Birthday Full Moon	13	14 Valentine's Day National Have A Heart Day (AHA)	15	16	17	18 Anniversary - Cow Milked while flying in an airplane
19	20 President's Day	21	22 George Washington's Birthday	23 National Chili Day	24	25
National Pancake Week (2/26 - 3/4)						
26 Take a class field trip to your grocery store's produce department!	27	28 Mardi Gras International Pancake Day				